

NEIGHBOURHOOD HEALTH NEWSLETTER

Welcome & update

Dear Colleagues,

With winter approaching and pressures increasing, we want to extend our thanks for your ongoing dedication to neighbourhood health across north west London.

In this month's edition, we're sharing the latest update from the National Neighbourhood Health Implementation Programme, launching our new Personalised Care Implementation Toolkit, and featuring a Focus On with Ealing Borough Based Partnership Managing Director, Neha Unadkat.

We'd love to hear your feedback, and please let us know if there's anything you'd like to feature in upcoming editions!



Jean Young,
Programme Director, NWL
Community Collaborative



David Williams,
Programme Director for
Integrated Care, NWL ICB

National Neighbourhood Health Implementation Programme

As the National Neighbourhood Health Implementation Programme (NNHIP) continues, we'll bring you updates and shared learning across NWL.

See this month's [update from Hillingdon here](#), and explore activity from other areas, including insights from the first regional learning session, [here](#).

Personalised care implementation toolkit

Embedding personalised care at the heart of Neighbourhood Health services helps ensure that change is not only structural but truly cultural. To support clinicians and teams in putting personalised care into everyday practice, we've developed a Personalised Care Implementation Toolkit.

Take a look at the [toolkit here](#) and share it across your networks.

Building neighbourhoods together monthly webinar | 9th Dec 2025

Join us for our final webinar of 2025 on Tuesday 9th December. This session will feature

- Dr Tony Willis, Harrow GP, sharing insights from the Harrow Cardio-Renal-Metabolic project
- Clodagh Clarry, NWL Health and Social Care Academy Lead, introducing the NWL Health and Care Skills Academy training on Neighbourhood Health and Core20PLUS5.

If you haven't received an invite, **please email nhsnwl.ipplannedcare@nhs.net**



Focus on | Neha Unadkat

I trained as a clinical scientist, but soon realised I wanted to spend more time with people receiving the results than with the machines producing them. That took me into operational management at Guy's and St Thomas' Hospital, and later into commissioning where my passion for integrated care really found a home. Now, as **Managing Director of the Ealing Borough Based Partnership**, I focus on creating the conditions for the Ealing 'place' to thrive: strong relationships, a clear shared ambition, and trust that lets partners act.



A recent example is our work through the Seasonal Pressures Summits (no longer only Winter!). We brought all partners together around a shared set of challenges and, despite limited funding, co-designed practical solutions we all owned. The positive impact has been felt across services - and it reinforced my belief that when we trust each other and keep residents at the centre, we can move quickly and well.

Top tips for effective neighbourhood working

1. **Start with the neighbourhood, not the organisation.** Be explicit about the population, outcomes and a 'no wrong front door' offer - then line up services behind that. In Ealing, our eight neighbourhood teams are the engine of this approach, working alongside the local authority's 7 towns programme for connected communities.
2. **Make data useful at the point of care.** Build dashboards and risk tools into routine MDTs and huddles so teams can act early, not retrospectively.
3. **Back the integrator role.** Someone must convene, unblock information sharing, and connect neighbourhood delivery to borough-wide enablers (workforce, estates, PHM, digital).
4. **Co-design with communities and VCSE.** If the model isn't shaped with residents, for the residents, it won't stick.
5. **Embed population health and tackling inequality as a principle in everything we do.** Every decision, partnership and service should be viewed through the lens of reducing inequalities and improving outcomes for all.

In Ealing we're maturing a simple operating rhythm for each neighbourhood: a small cross-partner leadership group with clear terms of reference; shared use of common tools and data; mapped MDTs and caseloads; and a consistent monthly update so issues surface early. At Place, our integrator function connects these neighbourhoods to system enablers and removes friction - so frontline teams can focus on people, not process.

Integration, to me, is a behaviour before it's a structure: **build relationships, agree the ambition, act in trust.**



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Trust isn't built by talking about it, it's by doing things together.

Isabella Niven, Head of Social Practice at ACAVA - an arts education charity doing incredible things with individuals and communities in London. Read about their North Kensington 'Men's Shed' [here](#).