



The Creighton Centre

INVITE YOU TO OUR ANNUAL
FREE
HEALTH DAY

Wednesday 15th May | 10am - 3pm

Come and meet local voluntary & healthcare professionals supporting Hammersmith & Fulham residents



Advice & Information

Health Checks

10am - 1pm

Try out a new activity!



Free Lunch

From 1pm



Dance Social

1.30pm - 3pm



GET ACTIVE. BE HEALTHY. KEEP SAFE

FREE HEALTH DAY

Wednesday 15th May

10am - 3pm



Get your blood pressure checked



Join our dance social
for all abilities

Try out a singing group



Information & advice stalls

Tips on preventing falls

Free refreshments &
lunch!



Home safety & security tips

Talk to healthcare professionals



Enjoy a gardening activity



Get tips on eating healthily



Find out what support is available
in your local area

The Creighton Centre, 378 Lillie Rd, London SW6 7PH
020 7385 9689

Buses that stop either outside or nearby – 74,190, 211, 220, 295, 424 and 430

A small charity with a big impact

Bishop Creighton House Settlement operating as The Creighton Centre Registered
Charity in England No.1059084 Company Limited by Guarantee No.3217598 VAT No.782
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