

Breast Cancer Screening

EARLY DETECTION
SAVES LIVES

- **NHS** Breast Cancer Screening is offered to women aged 50-70yrs every 3 years!
- Self-checking your breasts is an easy way of catching changes early! You can try these 3 steps for yourself at home:

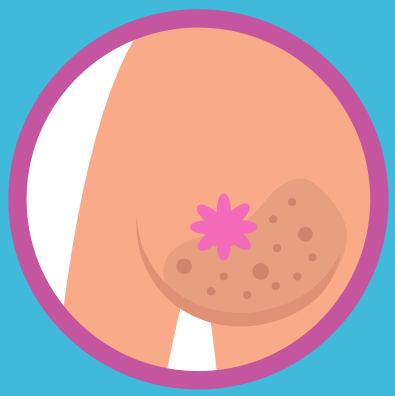
1. **Look** 
Do they look different?



Changes in shape?



Discharge?



Swelling?



Rash?

2. **Feel** 
Are there any lumps?

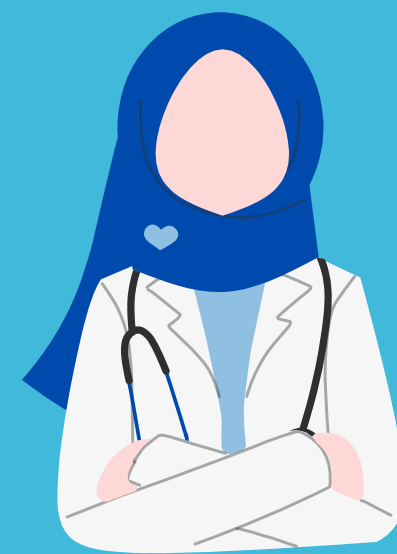


Pain?



Lumps?

3. **What next?**



See your
GP!

Screening helps detect changes too small to be felt or seen. If you're 53 and haven't received an invitation for screening or you can't make your appointment, call: **020 3758 2024** to book / change your appointment.

Still have
questions?
SCAN ME!

