



ROYAL BRITISH LEGION

Are you a carer in the Armed Forces community?

The Royal British Legion's Network for Carers has been set up for people like you who want to meet other carers. We know that as a carer you may at times feel lonely and isolated, so we've set up the network to bring people facing similar challenges, together. These social groups will connect you with other carers so you can share experiences, build friendships, and support one another.

The service will provide carers in the Armed Forces community with:

- Monthly face-to-face social group sessions hosted at unique locations connected to the Armed Forces community, with activities, events and discussions tailored to the interests of the group.
- Virtual social groups offering a flexible calendar of activities with sessions to suit a wide range of interests.

Funded by



Venue

Imperial War Museum London,
Lambeth Road,
London,
SE1 6HZ

To register your interest please visit
rbl.org.uk/networkforcarers

If you have any questions or require more information, please contact the team at
networkforcarers@britishlegion.org.uk
or call **0808 802 8080**