



WHAT's ON

Easter Holidays Break

From 10th to 20th April

- Mindful walking & photography (**Regents' Park**)
4 April - from 1pm to 3 pm
- Peer to Peer Talking Group
5 April from 7.30pm to 8.45pm
- Out & About (**Kew Gardens**)
22 April – 12pm/4pm
- Self-Care - (**Green Doctors** expert energy advisers)
26 April – 7.30pm/8.45pm

To book a place or request more information:
forwomengroup@gmail.com www.forwomengroup.org.uk Tel. 07874 234874

FOR WOMEN CIC reserves the rights to amend or cancel an event

