



Rethink
Mental
Illness.

North West London Suicide Prevention Programme



North West London
Integrated Care System

Communities are co-producing solutions and using community grants for innovative projects. We want you to be part of the new partnerships shaped around suicide prevention.

If you work or live in the following boroughs, we want to hear from you:

- Brent
- Harrow
- Hillingdon
- Westminster
- Kensington & Chelsea
- Hammersmith & Fulham
- Hounslow
- Ealing

We are offering

Free Suicide Awareness Training

Including:

- how to look after yourself
- the warning signs of suicide
- Suicide & stigma
- How to hold safe conversations with someone at risk

Community Grants

Grants to set up projects to develop and expand mental health provisions through co-production or community engagement.

You should be able to show:

- A positive impact on mental wellbeing
- Encouragement of partnership and collaborative working
- A social response to suicide prevention

Listening Events

Let's talk about it. Gathering insights around suicide prevention. Held virtually or at your venue.

For further
information please
contact us!

Community grants:
communitygrants@rethink.org

Training:
training@rethink.org
or tel: 0333 2225878



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