

Macular Society



The book of life has many chapters.
2022 is a new chapter for us all.

None of us know what this new year may bring, and sometimes the idea of new beginnings can feel challenging. However, if we focus on that which is optimistic and encouraging, starting afresh can be exciting and rewarding.

As members and supporters of the Macular Society we are part of an organisation which has lead the charge to find a cure for Macular Disease. We are one of the few sight loss charities that actively fund and support research.

We can take pride in supporting, not only those who currently live with sight loss, but helping the increasing number of new patients each year as they come to terms with this life changing condition. But perhaps most importantly, we share a vision and a mission.

Our Vision is to end macular disease.

Our Mission is beating the fear and isolation of macular disease by funding world-class research and providing the best advice and support.

2022 looks better from here.

**We are
not
alone**



H&F Support Group. SEE PAGE 4

Address: Age Uk 105 Greyhound Road LONDON W6 8NJ

Central London Support Group

Meeting date: The 4th Friday of each month 10.30am to 12.30pm

Address: Blind Veterans Uk 12-14 Harcourt Street LONDON W1H 4HD

South East London Support Group

Meeting date: Face to face meetings - Monthly third Tuesday 1pm - 3pm

Address: St. Marks United Reformed & Methodist Church LONDON SE10 8TY

Wandsworth Support Group

Meeting date: Face to face meetings first Monday of each month. 11.00am to 2pm.

Address: Friends Meeting House 59 Wandsworth High Street LONDON SW18 2PT

Islington Support Group

Meeting date:- 3rd Wednesday of each month 10.30am - 12.30pm

Address: The White Swan - Wetherspools 253-256 Upper Street LONDON N1 1RY

Kensington & Chelsea Support Group

Meeting date: Second Thursday of the month from 1 to 3pm

Address: Essex Unitarian Church, 112 Palace Gardens Terrace LONDON W8 4RT

Richmond Support Group

Meeting date: Last Tuesday of the month, 2pm.

Address: Vestry Hall 21 Paradise Road RICHMOND TW9 1SA

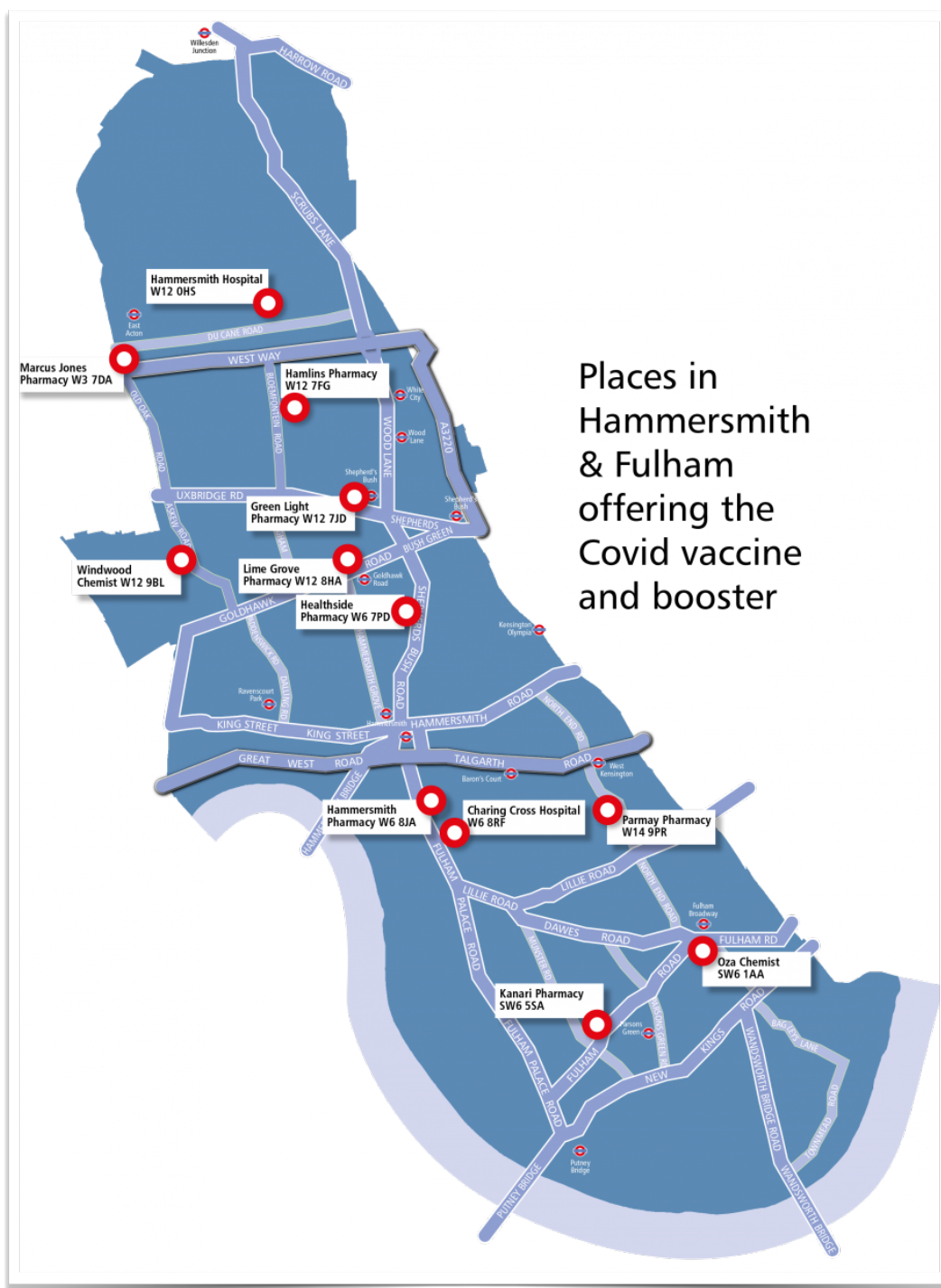
Macular society Helpline 0300 3030 111

Hammersmith and Fulham COVID

Statistics produced by UK Health Security Agency

Last updated on Tuesday 4 January 2022 at 4:00pm

Vaccinations	1st Dose	2nd Dose	3rd Dose
H&F Percentage	62.5%	56.5%	35%
UK Percentage	90.1%	82.6%	59.8%



Cases in Hammersmith and Fulham

392 new people had a confirmed positive test result reported on 4 January 2022.

Between 29 December 2021 and 4 January 2022, **3,156** people had a confirmed positive test result.

This shows a **decrease** of **-19.9%** compared to the previous 7 days.

Overall a mixed message.. Vaccination rates remain low , whilst hospital admissions are rising albeit slowly. The numbers of seriously ill patients in our hospitals remains low and although death rates are rising they remain low compared to the same period last year.

It is clear that we are not yet in the bright sunshine of a post pandemic period and there is still much to be done to get everyone vaccinated/.

So in the short term, stay cautious and keep your contacts to sensible levels, wear your mask and stay safe.

Age UK H&F We are open.



Age UK are really pleased to let you know that life at our Greyhound Road Activity Centre has largely returned to normal. All of our classes have now

returned (along with some new welcome additions) and our lunch service is back on track.

Please don't worry if you are still feeling anxious about coming into the centre, it's entirely understandable. We are continuing to take full precautions to ensure the safety of our visitors and staff and to keep the centre a welcoming place for you to meet.

H&F *Peer Support Group* meetings take place at the H&F Age UK centre on Greyhound Road. Last year we agreed to postpone face to face meetings until 2022. Now the centre is open and the well rehearsed precautions are in place we can plan to meet again at **10.30, Thursday. 3rd February**