

Other notable dates this month include:

National Novel Writing Month, also known as NaNoWriMo is a month-long creative writing challenge that takes place every November.

Men's Health Awareness Month

Our fathers, partners, brothers and friends face a health crisis that isn't being talked about. Men are dying too young. November is men's health awareness month, click here to find out how you can support male colleagues and clients here: [Find out more](#)

Lung Cancer Awareness Month

The aim of the campaign is to encourage people displaying the common symptoms of lung cancer, such as a persistent cough, breathlessness or unexplained weight-loss, to visit their GP.

14th November: World Diabetes Day

Led by the International Diabetes Federation, WDD unites the global diabetes community to produce a powerful voice for diabetes awareness and advocacy. The campaign aims to reflect the realities of dealing with a chronic condition.

15th – 21st November: Alcohol Awareness Week

Alcohol Awareness Week is a chance for the UK to get thinking about drinking. It's a week of awareness-raising, campaigning for change, and more.

16th – 20th November: Anti Bullying Week

Anti-Bullying Week takes place in England from November 16th to the 20th. This nationwide event is organised by the Anti-Bullying Alliance.

18th November: World COPD Day

COPD is also known as chronic obstructive pulmonary disease. It's a group of lung conditions that make it difficult to breathe because your airways have been narrowed. Life with COPD can be difficult. Everyday tasks can become a challenge. It's a progressive condition, which means there is no cure.

25th November

International Day for the Elimination of Violence Against Women

The United Nations General Assembly has designated November 25 as the International Day for the Elimination of Violence Against Women. The aim is to raise awareness of the fact that women around the world are subject to rape, domestic violence and other forms of violence; and to highlight that the scale and true nature of the issue is often hidden.

Notable dates in December

1st December: World AIDS Day

World AIDS Day takes place on 1 December each year. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first-ever global health day.

3rd December: International Day of Persons with Disability

"On this International Day, let us reaffirm our commitment to work together for a better world that is inclusive, equitable and sustainable for everyone, where the rights of people with disabilities are fully realized." — António Guterres, UN Secretary-General