

September

15

Zoom group – starts 10.00am

Meeting ID: 873 3943 5554

Passcode: **RECOVERY**

For more details contact
woody.albrow@cgl.org.uk

Recovery **stories**

Sharing our **stories**
& **recovery journeys.**



September

29

Hyde Park – starts 11.00am

Meeting at
Hyde Park Corner, Elizabeth Gate

For more details contact
woody.albrow@cgl.org.uk

Recovery **walk** & picnic



Please join us and **celebrate recovery** together.
All welcome.



**Change
Grow
Live**