



Shop & Donate sell fresh products from our sustainable UK farms and markets. By purchasing one of our products your contribution goes towards sending donations to key workers, food banks and vulnerable residents affected by COVID-19. We also provide other services such as telephone befriending and aftercare support for Covid-19 patients, which gives those leaving the hospital a food package for when they arrive home.

#### OUR STATS SO FAR:

**3,064+** - Meals delivered to vulnerable people

**3,720+** - Food packages sent to the NHS

**3,860+** - Food packages sent to vulnerable people

**2,650+** - Calls made to vulnerable people

**1,475Kg+** - of food collected

**4,721Kg+** - CO<sub>2</sub> saving

**50,000+** - People we helped through Food Banks last year

#### Our Partners

**Waitrose**

**TESCO**  
*Every little helps*

**CO  
OP**

**THE  
BIG  
YELLOW  
SELF  
STORAGE  
COMPANY**

**FareShare**  
fighting hunger, tackling food waste

 **neighbourly**

 **SPORT  
ENGLAND**

[www.shopanddonate.org](http://www.shopanddonate.org)

# Eat Fresh, Do Good

Shop our range of fresh products and together we can help vulnerable people in our community and support our key workers.

- **SHOP**

We have a range of products including fruit and vegetables, dry goods and even PPE! Everything is sourced from local sustainable suppliers.

- **DELIVERY**

Once you have chosen a product, we do the rest and deliver straight to your door.

- **DONATE**

After your purchase, your contribution goes towards supporting food banks, key workers and vulnerable residents affected by COVID-19.

<b>Fruit Bundle</b>	<b>£16.50</b>	<b>PPE Box</b>	<b>£10.00</b>
<b>Salad Box</b>	<b>£16.50</b>	<b>Household Box</b>	<b>£20.00</b>
<b>Veg Box</b>	<b>£14.50</b>	<b>Baby Bundle</b>	<b>£20.00</b>
<b>Berrylicious Box</b>	<b>£10.00</b>	<b>Student Bundle</b>	<b>£28.00</b>
<b>Fruit / Veg Box</b>	<b>£18.00</b>	<b>Dry Goods Box</b>	<b>£20.00</b>
<b>Seasonal Box</b>	<b>£18.00</b>	<b>Breakfast Club</b>	<b>£15.00</b>
<b>Hamper Christmas</b>	<b>£20.00</b>	<b>Tinned Goods</b>	<b>£10.00</b>

**Buy one of our Christmas Hampers for a Food Bank**

# Thank you!

FOR SHOPPING WITH US AND FOR YOUR SUPPORT

In able to continue, we need to raise funds to purchase a van for transportation and delivering goods. Any donations will make a huge difference.

Support us through our DOANTE page on

[www.shopanddonate.org](http://www.shopanddonate.org)