

# Covid-19 bulletin #9

## October 2020

Visit: <http://sobus.org.uk/covid-19>

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## Welcome

Welcome to our 9<sup>th</sup> Covid-19 bulletin, which in future will be issued monthly as, like us, I'm sure you all are inundated with emails and information related to Covid-19.

We are far from being out of the Coronavirus crisis as yet – as numbers increase across the capital, London enters Tier 2 restrictions from midnight, Friday 16<sup>th</sup> October. With winter just around the corner, seasonal flu is also being planned for – with flu vaccines being strongly encouraged, particularly for those with underlying health conditions and older people.

We have been impressed and humbled by the sheer hard work and commitment of the voluntary sector during the crisis. Services were up and running in a matter of days, and organisations have worked tirelessly to ensure their most vulnerable clients were safe and supported. Residents responded fantastically – hundreds of people volunteered through H&F Community Aid Network and through the many of Mutual Aid Groups which sprang up in response to the crisis. New services and organisations emerged, which began to deliver vital help and support to their neighbours. We can only hope that this neighbourly spirit and community action will last long beyond the Covid-19 crisis. If nothing else, the crisis offered us all the opportunity to learn and change our practices – some of these have brought overall improvements that organisations may well retain in the longer term, other changes are short term until we can return to something closer to normality.

Sobus has provided a range of information and resources to local groups, facilitated online meetings and continued to provide 1-2-1 support for groups and organisations throughout the crisis. We've undertaken a number of surveys to get a better understanding of the current and future needs of the sector so that we can deliver

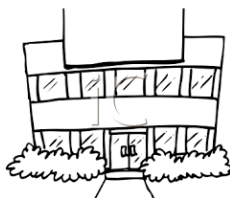
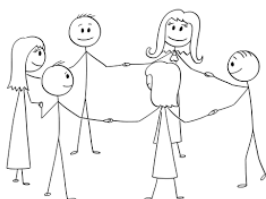
the support that is needed. We will continue to encourage organisations to let us know what support is needed, and of course to celebrate and champion our individual and collective voices and successes. As always, we would love to hear from you – updates on your current service offers and any good news stories to share.

Keep safe and well

*Sue*

**Sue Spiller**  
**Sobus CEO**

## Key Covid-19 messages



**£100**

### Rule of 6

It is illegal for more than six people from different households to meet indoors or outdoors in any social gathering

**Support bubbles** or an individual household which has more than six members can still meet. However, these groups cannot come into contact with other groups.

### Schools and workplaces

The changes do not affect schools, workplaces or Covid-secure weddings or funerals. Organised team sports are also unaffected.

### Enforcement

The police will be enforcing this and can issue fines of £100. People will be liable to a maximum of £3,200 for persistent breaches.

## PPE Equipment

**Sobus** has found a small, local supplier who can source good quality and affordable PPE equipment. We have a small range of PPE supplies available for sale to local organisations and businesses. All items are usually available for collection from Dawes Road Hub within 5 working days.

Item	Qty.	Price excl VAT	Incl. VAT
Face masks disposable	50	£20.00	<b>£24.00</b>
Visor face shield: adjustable and comfortable	10	£20.00	£24.00
Latex gloves	100	£12.00	£14.40

Orders must be collected from Sobus, Dawes Road Hub, 20 Dawes Road, London SW6 7EN. To place an order, please contact [reception.drh@sobus.org.uk](mailto:reception.drh@sobus.org.uk)

## Tier 1, Tier 2 and Tier 3 lockdown rules

The BBC has a useful explanation of the lockdown rules of Tiers 1, 2 and 3 – particularly useful as London moves into Tier 2 Covid measures from Midnight on 16<sup>th</sup> October: <https://www.bbc.com/news/explainers-52530518>

## London Borough of Hammersmith & Fulham

For the latest information and updates from the council, please visit: [www.lbhf.gov.uk](http://www.lbhf.gov.uk)

### LBHF business support

Hammersmith & Fulham Council will continue to support local businesses through this turbulent time as we work with local business leaders to drive our local economy to be bigger, better and safer than ever before. For information and support available to local businesses, please visit: <https://www.lbhf.gov.uk/business/coronavirus-covid-19-advice-and-support-local-businesses>

## NHS information

### Get a free NHS test to check if you have coronavirus

You can have a test (swab test) to check if you have coronavirus (COVID-19) now.

### Who can get a test

Only get a test if you have coronavirus symptoms or have been asked to get tested. This will help make sure people who need a test can get one.

### You can get a free NHS test if:

- you have any [symptoms of coronavirus](#) (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste)
- you're getting a test for someone you live with who has symptoms
- your local council asks you to get a test
- you're taking part in a government pilot project

For further information visit: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

The new **NHS COVID-19 app** is now available to download. Whilst there is no silver bullet when it comes to the virus, this is an important new tool to help control the spread

of the virus and to help each of us protect ourselves and our loved ones as case numbers are rising.

<https://coronavirusresources.phe.gov.uk/the-nhs-covid-19-app/>

### **NHS covid recovery platform**

has been launched recently at [www.yourcovidrecovery.nhs.uk](http://www.yourcovidrecovery.nhs.uk) which is a self-help resource for people particularly recovering from an inpatient / ITU admission.

As you know recovering from COVID-19, you may still be coming to terms with the impact the virus has had on both your body and mind. The COVID Recovery helps you to understand what has happened and what you might expect as part of your recovery. The podcast below (episode 5) discusses the role nurses played during covid, across all the care settings including care homes

<https://www.healthy london.org/general-practice-nursing-in-london/>

## **Public Mental Health messaging**

On behalf of Public Health England Office for London, [Thrive LDN](#) is coordinating the public mental health response to COVID-19 in London to support the mental health and resilience of Londoners.

Thrive LDN has updated their communications toolkit support partners considering the government's new Covid-19 safety rules. These resources are designed to support the mental health and wellbeing of Londoners and can be used alongside more instructive/ operational communications about the new restrictions.

Please consider the following when communicating and signposting to available resources and services to support resilience, mental health and wellbeing:

- [Key messages for digital channels](#) (updated 15/10)
- [Thrive LDN communications toolkit](#) (reviewed and relevant for Tier 2 measures)

For ease, all documents and further resources from Thrive LDN are available here: <https://thriveldn.co.uk/toolkits/>.

### **NHS Wellbeing Webinars**

Healthy London Partnership's [Coping Well During Covid](#) webinars are developed specifically to support anyone feeling anxious about coronavirus and how it is impacting them, their loved ones or their work. Each 60-minute webinar is led and delivered in a clinically led way by Emily Gardner, Cognitive Behavioural Therapist, East London NHS Foundation Trust.

The team have recorded three key webinars professionally which are now published on the Thrive LDN website, covering:

- [Managing Anxiety](#)
- [Managing Low Mood](#)
- [Working From Home and Staying Well](#)

Please do consider how these new webinars, and [others](#) from the initial series, could be used both within your organisation and shared across your networks. There is suggested copy in the toolkit and key digital messages to support this.

### **Additional guidance on mental health and wellbeing**

As part of ThriveLDN's coordination role, they are producing [additional guidance](#) on the mental health and wellbeing aspects of coronavirus (COVID-19) for London. Colleagues within the Thrive LDN team are currently updating this, considering both forthcoming Tier 2 measures but also taking into account early findings from community insights work. We expect to be able to share this with you early next week.

## **Annual General Meetings**

### **AGMs and other meetings: postponing or cancelling meetings**

Coronavirus continues to have a major impact on charity events and trustees need to consider how and if they can hold meetings.

Charitable companies and Charitable Incorporated Organisations (CIOs) can hold AGMs and other members' [meetings online](#) - this has been made possible by the Corporate Insolvency and Governance Act 2020 and applies until 30 December. For other types of meetings, or for any other type of charity, trustees need to check if their charity's governing document allows them to hold [meetings online or by telephone](#). Where it does not, an alternative may be to amend it to allow meetings to be held in this way.

We recognise that for some charities virtual meetings are not a viable solution, nor are socially distanced face-to-face meetings. In such instances trustees may consider they have no choice but to cancel or postpone their AGMs and other critical meetings.

For further information, visit: <https://www.gov.uk/guidance/coronavirus-covid-19-guidance-for-the-charity-sector>

## **COVID-19 Grants**

### **Covid-19 grants and funding**

A number of Community Foundations and other organisations have launched funding programmes to assist local organisations in responding to the challenges of the Coronavirus Pandemic. Below you will find a list of organisations and the types of funding they have made available. All Covid-19 grants information is also included in the **Sobus** monthly Funding Alert.

### **John Lyon's Charity (London)**

Name of Fund: Covid-19 School Holiday Activity Fund

Grants of up to £4,000 are available to enable registered charities and mainstream state schools to deliver fun and accessible activities for children and young people during the school holidays. Next deadline for applications is the 16th November 2020.

<http://jlc.london/grants/which-grant-fund-should-i-apply-to/school-holiday-activity-fund/>

## **Armed Forces Covenant Fund (UK)**

Name of Fund: Force for Change Programme

Grants of up to £20,000 are available for projects supporting Armed Forces communities to become less isolated and engage more in their local area and the needs that have arisen as a result of Covid-19. The closing date for applications for this funding round is noon on Monday the 30th November 2020.

<https://covenantfund.org.uk/programme/armed-forces-covenant-fund-force-for-change-programme/>

## **UK wide schemes**

### **Allchurches Trust (UK)**

Name of Fund: Hope Beyond.

In response to the coronavirus, the All churches Trust is making funding available to churches, Christian Charities, cathedrals and Christian denominational bodies to enable them to meet changing needs within their communities and to adapt to challenges and opportunities presented by the pandemic. Applications can be made at any time.

<http://www.allchurches.co.uk/what-we-fund/hopebeyond/>

### **Association of Mental Health Providers (UK)**

Name of Fund: Mental Health Response Fund

The Department of Health and Social Care has made £5 million available to support voluntary and community sector (VCS) mental health providers which are experiencing an increase in demand for their services due to coronavirus.

<https://amhp.org.uk/mental-health-response-fund/>

### **The Barclays Foundation (UK)**

Name of Fund: COVID-19 Community Aid Package

The Barclays Foundation have announced a £100 million COVID-19 Community Aid Package - The package consists of two strands. £50million will be donated to charities chosen by Barclays and £50million will be donated by matching their employees' personal donations (individual organisations cannot apply for this funding).

<https://home.barclays/news/press-releases/2020/04/barclays-launches-p100-million-covid-19-community-aid-package/>

### **Baring Foundation (UK)**

Name of Fund: Strengthening Civil Society Programme

The Baring Foundation has announced three new funding streams as part of its £1 million Strengthening Civil Society Programme to support their grant holders and broader civil society when taking legal action related to Covid-19. The deadline for this round is midday on the 17th November 2020.

Two further streams of funding will support both current grant holders and other previous funding recipients with grants of up to £5,000 to help organisations severely affected by the coronavirus. Eligible organisations will be contacted directly for these two funds.

<https://baringfoundation.org.uk/news-story/strengthening-civil-society-programme-new-funding-to-support-civil-society-through-the-pandemic/>

## **BBC Children in Need (UK)**

Name of Fund: Covid-19 Response Grants

In response to the coronavirus, BBC Children in Need are temporarily pausing their current grant programmes to launch two new Covid-19 Response Grants to enable organisations to continue to support disadvantaged children and young people aged 18 years and under.

<https://www.bbcchildreninneed.co.uk/grants/apply/main-grants/>

## **Childs Charitable Trust (UK)**

Name of Fund: Emergency Funding

The Childs Charitable trust has introduced an Emergency Funding programme to support charities that are experiencing financial difficulties as a result of the current pandemic. The trust particularly welcomes applications from Christian based organisations. The fund is only open to charities who already meet the Trust's normal grant funding criteria.

<https://childscharitabletrust.org/emergency-funding/>

## **Clinks (UK)**

Name of Fund: Covid-19 Response Fund

Covid-19 Response Fund can assist organisations working in the criminal justice system during the pandemic. The funding is available to organisations with an existing relationship with HMPPS with under £500,000 annual income who are delivering, or have a track record of delivering, services to support people in prison, through-the-gate and in the community.

<https://www.clinks.org/our-work/coronavirus-covid-19>

## **Comic Relief (UK)**

Name of Fund: Capacity Building Grants Scheme

Charities, voluntary and community organisations, social enterprises and CIC's in England which have been negatively impacted by Covid-19 can apply for grants of up to £1,000 to help them rebuild their capacity to meet the needs of their local community.

<https://www.groundwork.org.uk/apply-for-a-grant/national-grants/comic-relief-community-grants/comic-relief-apply-for-capacity-grant/>

## **Esmee Fairbairn Foundation (UK)**

Name of Fund: Coronavirus Funding

Organisations that are already in receipt of funding from the Esmee Fairbairn foundation may be eligible to receive a share of £16million of additional funding which has been made available in response to the coronavirus pandemic.

<https://esmeefairbairn.org.uk/coronavirus---reassurance-for-those-we-fund>

## **The Foyle Foundation (UK)**

Name of Fund: Small Grants Scheme

The Foyle Foundation has re-opened its Small Grants Scheme to support smaller, grass-roots and local charities across the UK during the Covid-19 crisis. Organisations which are currently delivering services to the young, vulnerable, elderly, disadvantaged or the general community either directly or through online support can apply for grants of between £1,000 and £10,000. Applications can be submitted at any time.

<http://www.foylefoundation.org.uk/how-to-apply/>

### **Joseph Rowntree Charitable Trust (UK)**

In response to the coronavirus crisis, the Joseph Rowntree Charitable Trust is making at least £5 million available in funding for its second phase of support for the period May to December 2020. Funding will include emergency grants for current grantees who are facing immediate financial crisis; 12-month grant extensions for current grantees with ongoing projects; and grant increases to enable current grantees to meet costs associated with adapting activities in order to sustain work.

<https://www.jrct.org.uk/new-funding-opportunities>

### **John Lewis Partnership (UK)**

Name of Fund: Community Support Fund

The Community Support Fund is making £1million available to communities across the UK. Teams in each shop will work together with their communities to choose the best way to use the fund.

[https://waitrose.pressarea.com/pressrelease/details/78/NEWS\\_13/12169](https://waitrose.pressarea.com/pressrelease/details/78/NEWS_13/12169)

### **National Emergencies Trust (UK)**

The National Emergencies Trust (NET) has announced plans to distribute £12 million from its Coronavirus Appeal to a range of charity partnerships offering support to some of the UK's most at risk groups. Just over £2 million of funding will be distributed in a first wave to Disability Action NI and LGBT+ Consortium to support these disproportionately impacted groups which the NET believes may not have received adequate support through the pandemic.

<https://nationalemergenciestrust.org.uk/first-new-charity-partners-to-enhance-support-for-at-risk-groups/>

### **National Emergencies Trust (UK)**

Name of Fund: LGBT+ Futures Grant Programme

A new £350,000 funding scheme has been launched to address the additional needs of LGBT+ people and communities most adversely impacted by the Covid-19 pandemic and to support and strengthen LGBT+ organisations that have been impacted by the Covid-19 pandemic. Grants are for short-term work only and all funds awarded through the programme must be fully spent by 31 May 2021.

<https://www.consortium.lgbt/NETFund/>

### **Neighbourly (UK)**

Name of Fund: Neighbourly Community Fund

Giving Platform "Neighbourly" is launching a series of micro-grants of up to £400, to support good causes that are helping communities affected by the new Coronavirus outbreak.

<https://www.neighbourly.com/neighbourlycommunityfund>

### **Prince's Trust and NatWest (UK)**

Name of Fund: The Prince's Trust and NatWest Enterprise Relief Fund

The Prince's Trust and NatWest have launched a £5million grant fund for young entrepreneurs affected by coronavirus.

<https://www.princes-trust.org.uk/about-the-trust/news-views/princes-trust-natwest-enterprise-relief-fund>

### **7 Stars Foundation (UK)**

From July 2020, UK charities with a turnover of less than £1.5 million per year and who are working with at-risk young people affected by the covid-19 crisis will be able to apply for unrestricted grants of up to £2,500.

<https://the7starsfoundation.co.uk/>

### **Social Investment Business (UK)**

Name of Fund: Resilience and Recovery Loan Fund

The Resilience & Recovery Loan Fund (RRLF) is a new £25 million fund for social enterprises and charities who are experiencing disruption to their normal business model as a result of COVID-19.

<https://www.sibgroup.org.uk/resilience-and-recovery-loan-fund>

### **The Fore (UK)**

Name of Fund: RAFT Transition Fund

The RAFT Transition Fund will provide grants of up to £15,000 to small charities and social enterprises with an annual income below £500,000. Funding can be used for any purpose, including core costs, to enable grantees to strengthen their organisations, plan ahead, become more sustainable and refocus on the new needs of their beneficiaries.

<https://www.thefore.org/applying-for-funding>

### **UK Government (UK)**

Name of Fund: Emergency support package for charities

The Government has announced a £750 million emergency support package for charities across the UK to ensure they can continue their work during the coronavirus outbreak.

<https://www.gov.uk/government/news/chancellor-sets-out-extra-750-million-coronavirus-funding-for-frontline-charities>

### **UK Research and Innovation (UK)**

UK Research and Innovation (UKRI) are inviting proposals from UK businesses for research projects and related data collection of up to eighteen months to address the health, social, economic and environmental impacts of the COVID-19 outbreak. Proposals can be submitted at any time and will be assessed on a rolling basis.

<https://www.ukri.org/funding/funding-opportunities/ukri-open-call-for-research-and-innovation-ideas-to-address-covid-19/>

### **UK Insurance and Long-Term Savings Industry (UK)**

Name of Fund: Covid-19 Support Fund

The UK insurance and long-term savings industry has launched the Covid-19 Support Fund to help support some of the people hardest hit by the Covid-19 crisis.

<https://www.covid19support.org.uk/>

### **The Will Charitable Trust (UK)**

Name of Fund: Emergency Funding

The Will Charitable Trust is currently focussing on providing grants of up to £5,000 to charities in urgent financial need that have previously received support, so that they can concentrate on their response to the difficulties caused by the Coronavirus pandemic.

<https://www.willcharitabletrust.org.uk/covid-19.htm>

## **Wolfson Foundation (UK)**

Name of Fund: Covid-19 Support Fund

The Wolfson Foundation has allocated £10 million to provide unrestricted funding to organisations working in heritage and the arts; and health and disability. The Foundation is offering to support organisations to respond to their own specific needs – at this critical moment and as they plan for the months to come. .

<https://www.wolfson.org.uk/10m-covid-19-support-fund/>

## **UK Community Foundations (UK)**

Name of Fund: Infrastructure Fund

In response to the coronavirus, the UK Community Foundations is making a £250,000 Infrastructure Fund available for BAME-led infrastructure organisations that can help other BAME-led organisations apply for National Emergency Trust (NET) grants through their local Community Foundations.

<https://www.ukcommunityfoundations.org/news-article/bame-infra-fund>

## **Volant Trust (UK)**

Name of Fund: Covid-19 Response Fund

The Trust is accepting applications from registered charities, community interest companies, community organisations or social enterprises in the UK and internationally that demonstrate a strong focus on alleviating social deprivation and helping vulnerable groups who have been particularly impacted by the Covid-19 pandemic.

<https://www.volanttrust.org/how-to-apply-covid-19/>

# **England-wide schemes**

## **Barrow Cadbury Trust (England)**

Name of Fund: COVID-19 Support Fund

The Barrow Cadbury Trust has re-opened the COVID-19 Support Fund. The fund provides emergency response funding to organisations suffering acute financial difficulties as a result of the pandemic and operating within the Specialist Migration Sector.

<https://www.barrowcadbury.org.uk/what-we-do/programmes/covid-19-support-fund/>

## **National Lottery Community Fund (England)**

Name of Fund: Coronavirus Community Support Fund

The fund which is being administered through the National Lottery Community Fund has two key objectives. To increase community support to vulnerable people affected by the COVID-19 crisis; and to reduce temporary closures of essential charities and social enterprises, ensuring services for vulnerable people impacted by COVID-19 have the financial resources to operate, and so reduce the burden on public services.

<https://www.tnlcommunityfund.org.uk/funding/covid-19/learn-about-applying-for-emergency-funding-in-england>

## **National Lottery Community Fund (England)**

The National Lottery Community Fund has launched a £45 million programme to fund charities, community groups and social enterprises working with people

disproportionately impacted by the coronavirus. This includes BAME and other communities experiencing health inequalities and people experiencing homelessness. <https://www.tnlcommunityfund.org.uk/news/press-releases/2020-07-13/45million-of-national-lottery-covid-funding-for-expert-partnerships-to-support-the-most-vulnerable-communities>

### **Sport England (England)**

Name of Fund: Active Together Programme

Sport England has committed another £1 million to combating the impact of coronavirus by match funding money raised by sports clubs and community activity groups through the fundraising platform Crowdfunder.

<https://www.sportengland.org/news/%C2%A31-million-crowdfunding-support-clubs-and-organisation>

### **Youth Music Network (England)**

Name of Fund: Emergency Fund

Youth Music have launched an Emergency Fund for music-making organisations affected by the coronavirus. Through this fund grants of up to £10,000 are available.

<https://network.youthmusic.org.uk/youth-music-launches-emergency-fund>