

Child Sexual Exploitation: A Trauma Focussed Approach Training

Women and Girls Network (WGN) have been funded to deliver training course on Child Sexual Exploitation (CSE) aimed at Practitioners who are working directly with or are responsible for the safeguarding of women and girls in Tri-Borough.



About Women and Girls Network (WGN) WGN is a free, women-only service that supports women in London who have experienced violence, or are at risk of violence. We offer counselling, advocacy and advice for women and girls who have experienced gendered violence, including sexual and domestic violence. Our overall aim is to promote, preserve and restore the mental health and well-being of women and girls, to empower them to make a total and sustainable recovery from their experiences of violence.

Child Sexual Exploitation: A Trauma Focussed Approach Training

Date: 24 September 2020

Time: 10:00 – 15:00

Trainer: Anita Bhardwaj

Online delivery

Children and young people are increasingly being coerced into sexually exploitative situations. They are constantly under pressure to become involved in sexual activity through peer pressure, gang involvement and internet grooming. The aim of the training is to increase participants awareness of sexual exploitation as a form of sexual abuse, enabling them to identify vulnerability and risks indicators to better enhance practitioners ability to safeguard young people at risk of CSE.

Learning Outcomes:

- Defined child sexual exploitation
- Exploring own and society's attitudes, beliefs and values to regarding young women, sexual activity and sexual exploitation whilst challenging myths and stereotypes
- Increased awareness of what makes young women/people vulnerable to sexual exploitation
- Increased awareness of the global impact of trauma as a consequences of CSE from a neuroscience perspective
- Increased awareness and knowledge of relevant clinical conceptualizations that can manifest as a consequence of HP

- Be aware of the law, guidance, policies and procedures relating to sexual exploitation and young women/people

WGN's Training Ethos We are unapologetically Feminist, Intersectional and Anti-Racist.

WGN's training has at its heart the Women and Girls Network ethos. Much like the services we provide to women and girls, the principles of feminism, intersectionality, holistic and creative approaches are threads that run through all of our training.

As a Black led feminist organisation, our intention and plan is to progress conversations and actions into development of programmes that address themes of oppression, provide healing for racial and identity trauma, and provide safe spaces and practical strategies to engage Black and minoritised women.

We are passionate about delivering training that influences best practice and improves and enhances the effectiveness of front-line professionals working in the field of violence against women and girls (VAWG).

Attending our training gives you a deeper understanding of and one of a kind insight into WGN's models and approaches. WGN has been working with women and girls for over thirty years and our training is packed with ancient womanist healing integrated with 21st century neuro-science. The training provides knowledge, tools, skills, and experiences for you to further enhance your practice.

You can find more information about WGN by visiting our website:

<https://www.wgn.org.uk/our-services/training-and-consultancy>

About the Trainer - Anita Bhardwaj is an Associate Trainer with WGN.



Anita worked as a senior manager, trainer and consultant with a specialism in developing services to support those who have experience gendered violence. She has worked with key VAWG organisations and supported WGN for 15 years, shaping a number of innovative projects and working extensively on the Child Sexual Exploitation Program. Her more recent training has enabled her to acquire a unique understanding of the tools (embodied practices combined with neuro-science and coaching) that can be effectively used to support the mind and body in recovering from the trauma of violence and abuse. She works in organisations (individual/teams) and in clinical practice and has a keen interest in working with both survivors and professionals to support them to recover and expand their own resilience to trauma, stress and vicarious trauma.

You can find out more about Anita's work on: www.in-align.org

For further information about the training please contact Laurie Lijnders
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