**WAND UK Presents**

Happy Healthy Family Club

****

Promotes Wellbeing

Every last Wednesday of the month. Activities include Zumba

Workshops + Presentations Raffle & Auction

**OUR MESSAGE**

* **Accept who you are**
* **Eat Healthily**
* **Keep Active**

**Topic of the Month**

 **The Importance of Being Breast Aware**

**Guest speaker**

Charlene Imbert

**Founder of: Sister Size**

 Sister Size is a bespoke Bra Fitting Service and Breast Awareness Advocacy

with a dual mission: to Educate Uplift & Empower women through fun and

Informative Bra Fittings, a great selection of bras for all occasions to

Purchase from while spreading the all-important and possibly

life-saving Breast awareness message

 **Wednesday 30 October 2019**

 **10.00 – 14.00**

 **Venue Address:**

**Small Chapel, St Charles Centre for Health and Wellbeing**

**Exmoor Street, London W10 6DZ**

 **Free Lunch**

 **All Women Welcome**

 **WAND UK Office: 0208 962 4132 |Mobile: 07813485607 Kiki |Email: info@wanduk.org**

 **St. Charles Centre for Health and Wellbeing, Exmoor Street, London W10 6DZ**