

Mind Information & Advice



Hammersmith
and Fulham

We're here to offer information and advice to anyone who is aged over 18 and living with a mental health issue.

This includes support claiming welfare benefits.

We can only offer hands on support to those in our catchment areas listed below. If you fall outside those areas, then contact the team and we will try to signpost you to someone who can help you.

Catchment area is ALL of SW6, and parts of SW10 and W14.

Email

mia@hfmind.org.uk

Call or Text

07809 410 337