

# Learning Disability and Autism Awareness – Training Menu

All of these sessions are co-delivered with someone with lived experience of autism and/or learning disabilities. The sessions are at a time and place convenient to you and will contain real life experiences and examples of what works.

Basic Learning Disability and Autism Awareness

In depth Learning Disability and Autism Awareness

Health Action Plans and Passports

Reasonable Adjustments, Legislation and Case Studies

Mental Capacity Act and DoLS in Healthcare

Health Inequality and the Confidential Enquiry

Effective Health Advocacy



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Contact: Helen Cairns (Project Manager) 077 34 300 697 [HCairns@certitude.org.uk](mailto:HCairns@certitude.org.uk)  
Israel Bernal (Lead Trainer) 075 48 162 135 [IBernal@certitude.org.uk](mailto:IBernal@certitude.org.uk)

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## Basic Learning Disability and Autism Awareness

In this module we offer a brief introduction to learning disability and autism. This will allow you and your organisation to better understand these conditions and communication basics.

This is an ideal module for you and your team or group if you have little or no experience of supporting people with autism and/or learning disabilities

## In depth Learning Disability and Autism Awareness

This module covers the basics in understanding learning disabilities and autism, plus more.

This is an ideal module if you and/or your team or group have some understanding of the issues that face people with learning disabilities and/or autism, and you want to take a more in-depth look at the subject.

## Effective Health Advocacy

This module covers the ways you and your organisation or team can be effective advocates for people with learning disabilities and/or autism that are using health services.

This module is ideal if you and your group or team provide direct support and advice to people with learning disabilities and/or autism.



## Health Action Plans and Passports

This module looks at the tools and plans you can use to help people with learning disabilities and autism stay healthy and improve their access to health services.

This module is ideal if you and your group or team would like to be able to give practical support and advice to individuals to reduce health inequality.

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## Reasonable Adjustments, Legislation and Case Studies

This module covers the legal responsibilities of healthcare providers and the legal rights of people using these services.

This module examines some case studies about how to identify and make reasonable adjustments to services to improve access for people with learning disabilities and/or autism.

This module is ideal if you and your group or team provide advice and support to members of the public, people with learning disabilities and/or autism and their families and carers in your local community.

## Mental Capacity Act and DoLS in Healthcare

This module looks at the Mental Capacity act, the legal framework for assessing an individual's ability to consent to their care and support arrangements, and the Deprivation of Liberty Safeguards (DoLS), which is the legal framework for depriving a person of their liberty in a care home or hospital (for example by stopping them from leaving if they try to or monitoring them in a way that restricts them), if it is necessary and in their best interests.

This module is ideal if you and your group or team provide advice to individuals or carers around consent, or you are working with individuals and their carers who may need advice to navigate these systems.



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## Health Inequality and the Confidential Inquiry

The Confidential Enquiry looked at the deaths of all people with learning disabilities to examine health inequality and the areas where services failed to provide adequate support to individuals. The finding showed a large and shocking difference in the quality of treatment and life expectancy.

This module covers health inequality statistics, the findings of the report and the suggestions of what services should be doing to help overcome this.

This module is ideal if you or your group or service is providing advice to people with learning disabilities and/or autism and their carers in the community who are having problems accessing good healthcare, or you are raising awareness of health issues in your local area.

## Flexible Training Delivery

Each of these modules are around 30 minutes long.

However, we can provide a bespoke package for you and your team or group dependent on your needs.

We can come to you at your place of work and may be able to deliver more than one session, or sessions at different times, to cover as many members of your team or group as possible.

If you are unsure what package best suits your team or organisation, please contact us. Details are below. You can also find us on twitter (@TMRCertitude) and Facebook (facebook.com/tmr.certitude)

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