



You're invited

Dementia Awareness Workshop

During this friendly and interactive 45-minute session you can increase your understanding of dementia and think about the small things that you can do to make a difference to people affected by dementia in your community.

Anyone who attends the session will get a chance to write down one thing they pledge to do differently going forward in order to support people living with Dementia. After doing this they will become a dementia friend and receive a lovely badge!

Who Should Attend?

The content of this programme in general will be very beneficial to anyone who wishes to learn more about dementia, it is also widely applicable to families of a person with dementia.

Aim

- To develop familiarity and raise awareness of dementia
- Break down the stigma associated with Dementia
- Encourage the support of people with dementia in their community
- Equip people with the skills to support and engage appropriately with people with dementia.

Objective

- Recognise when a person may have dementia
- Identify common challenges a person with dementia may encounter in public situations
- Consider a range of options for supporting the person when faced with these challenges
- Identify ways of improving our environment to become more dementia friendly.

Fulham Library, 598 Fulham Rd (SW6 5NX) 1pm, 15th May 2017

For further details contact Nathan Hartley
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Let's talk
about
dementia