

## **People Arise Now (PAN)**

People Arise Now (PAN) is a charity which was formed in 2013. It is based at the Dawes Road Hub in Fulham.

The organisation works to support ex-offenders and help their family members cope with life after incarceration. It provides ex-offenders with rehabilitative support to aid community integration and cohesion, providing beneficiaries with the tools and skills needed to successfully fit back into society and prevent re-offending.

They provide support through a range of activities:

### **Activities**

- One to one counselling
- Practical workshops (CV clinics, functional skills, stress management, career profiling)
- Mentoring,
- Well-being activities (physical exercise classes, healthy eating)
- Other confidence-boosting activities. (personal presentation, changing narrative, social interaction activities)
- Work with families and communities
- Most of work undertaken is delivered through voluntary commitments

### **Sobus Support**

Sobus has worked closely to support PAN in it's development. The organisation was one of the recipients of the CCG Health & Wellbeing Small Grants programme. The support provided by Sobus has included:

- Project Management guidance
- Funding Advice
- Networking
- General Support

The Organisational Development Team at Sobus has worked closely with the PAN project workers to help achieve their project objectives through this close practical support. Additionally, Sobus has helped PAN to network with other organisations and raise their profile generally as well as providing office, meeting and training room space at the Hub.

Through the dedicated efforts of the PAN project team and support of Sobus, the organisation has achieved and exceeded all of its targets in delivery of workshops, supporting individual clients and developing key partnerships including, Probation Service, DWP and other voluntary and community organisations.

The Prison Service has recently recognised the good work of PAN and the potential benefit it could bring to them in a time of crisis for Prison Services, by giving PAN access to all prisons to deliver their services.