

Refreshments will be available. Please let us know if you have any dietary requirements

**Please RSVP to the NWL IFR Team via email** [**ppwtnw.london@nhs.net**](mailto:ppwtnw.london@nhs.net)

**Or by calling 02033504242**

**VENUE:**

Conference Room

15 Marylebone Road

London

NW1 5JD

**WHEN:**

6th February 2017

11.00 to 13.30

# Chronic Low Back Pain Seminar

Do you suffer from lower back pain and have been cared for by the NHS either in hospital or through a GP practice?

Treatments could include injections into the small joints linking the spine, steroid or anaesthetic injections into painful knots or bands and acupuncture for back pain or osteoarthritis.

We want to hear from you! We’d also like to hear from groups that represent you and from service providers

New national guidelines have made a number of recommendations which local CCGs in North West London would like to review.

We would also like to review what impact changes may have on local services.

Topics of discussion

* The management of chronic low back pain in primary and secondary care
* Chronic back pain treatments or interventions including
  + Facet Joint injections
  + Therapeutic Medial Branch Blocks
  + Intradiscal therapy
  + Prolotherapy
  + Trigger point injections
  + Epidural steroid injections
  + Acupuncture for back pain
  + Radiofrequency Denervation
  + Back pain surgery for non specific back pain
  + MRIs for back pain in primary care

As numbers will be limited, we will offer places on a first come first serve basis