



A HEALTHY RESPONSE TO DIABETES

COME & LEARN
COME & EAT
COME & SHARE

Cooking demonstrations, sample recipes, medical and practical advice and free diabetic-friendly lunch served.

— *at* —

ST ANDREW'S STAR CAFE,
STAR ROAD / GREYHOUND ROAD,
W14 9SA

15th March | 19th April | 17th May | 14th June
10:00 - 1:00pm

FREE NO BOOKING REQUIRED



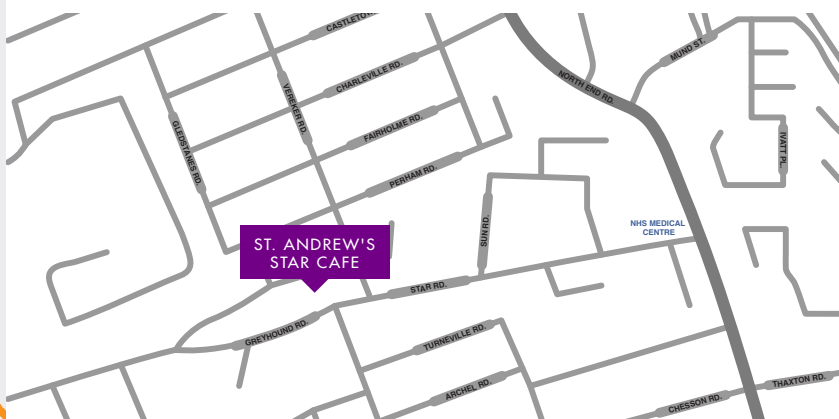
— agenda —

10:30 - 11:00

Cooking demonstration, sample recipes

11:30 - 12:30pm

Free diabetic-friendly lunch served



Participants taking part include:

Staff from NHS North End Medical Centre,
Sarah Green, Vice Chair of the British Association of
Applied Nutrition and Nutritional Therapy



St Andrew's
Church

Further info from: www.standrewsfulham.com
or email starcentrefulham@gmail.com

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