

DANCE FOR LIFELONG WELLBEING

The Royal Academy of Dance, Open Age & the Big Local
at White City Invite local over 50s to Register & Participate
in the

Dance for Lifelong Wellbeing Register

Registration: Friday 5th of February @ 12:30pm

Weekly Class Begins Friday 26th of February

12:30-1:30pm

And runs for 12 weeks

@White City Community Centre,

India Way, W12 7QT



***This project is an opportunity for Older Adults to Participate
in Classes delivered by RAD tutors FREE of charge.***

***If you are over 50-don't miss this unique opportunity
to Dance your Way to Wellbeing!***

BOOKING ESSENTIAL

To Sign Up or Find Out more, Contact:

Elizabeth Goldrick at Open Age: 0208 962 4141

Angela at The Big Local White City: 0208 811 2494

