

Job Description Learn Well Advisor
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Title:	Learn Well Advisor
Responsible to	Educational Service Manager
Hours	14 hours per week
Salary	£24,525 pro rata per annum
Contract	12 month contract

Purpose of the job

To scope and develop a pilot of a pioneering new service called 'Learn Well' that supports teachers, pupils and parents in secondary schools to effectively manage their mental health and crucially prevent mental health problems from developing at a young age.

The Learn Well programme will aim to improve young peoples (11 to 18) psychological wellbeing by building resilience, promoting positive practices, adaptive coping skills and raising awareness of how to get help if there mental health deteriorates. The programme will also increase student's confidence in accessing support services and help to reduce the stigma associated with mental health.

Duties and Responsibilities

- The Learn Well advisor will develop and deliver a 6 module psychoeducational programme at secondary schools for pupils aged 11 to 18. The modules will include Mental Health Awareness and 5 ways to wellbeing along with other optional modules based on the needs and insights from schools and students. The Five Ways to Wellbeing are a set of evidence-based actions which promote people's wellbeing. They are: Connect, Be Active, Take Notice, Keep Learning and Give. These activities are simple things individuals can do in their everyday lives.
- To develop and deliver 'Learn Well' training for teachers and parents - One off sessions offered to secondary schools to educate teachers and parents to understand children's needs relating to mental wellbeing, ensuring that they can effectively manage mental health in a preventative and supportive way.
- The Learn Well advisor will offer lunch time drop-ins across the schools we partner with where students can drop in to discuss any concerns they have about their mental health or someone they know.

- The Learn Well Advisor would look to develop a range of Learn Well educational materials that could be used as part of a school campaign.
- To signpost students for further support as and when necessary
- To ensure that all H&F Mind policies and procedures are implemented for the projects for which you are responsible
- To keep the spreadsheet, administrative processes and client records up to date
- To attend regular supervision
- To be confident in using excel, word and outlook

Training

Training will be provided and as part of the Hammersmith and Fulham Mind induction the following training will be compulsory:

- Protection of vulnerable Adults
- Mental Health Awareness
- Emotional Intelligence
- Equality and Diversity
- Health and safety
- Difficult Disturbing and Dangerous behaviour / De-escalation / dealing with Difficult Clients

Person specification

Essential

1. Minimum two years' experience of working with young people with mental health issues
2. Experience of producing and delivering presentations
3. Experience of managing a complex caseload
4. Organisational skills and excellent time management
5. Experience of using Microsoft office package
6. Have at a minimum college level education

Desirable

1. Knowledge and experience of delivering training