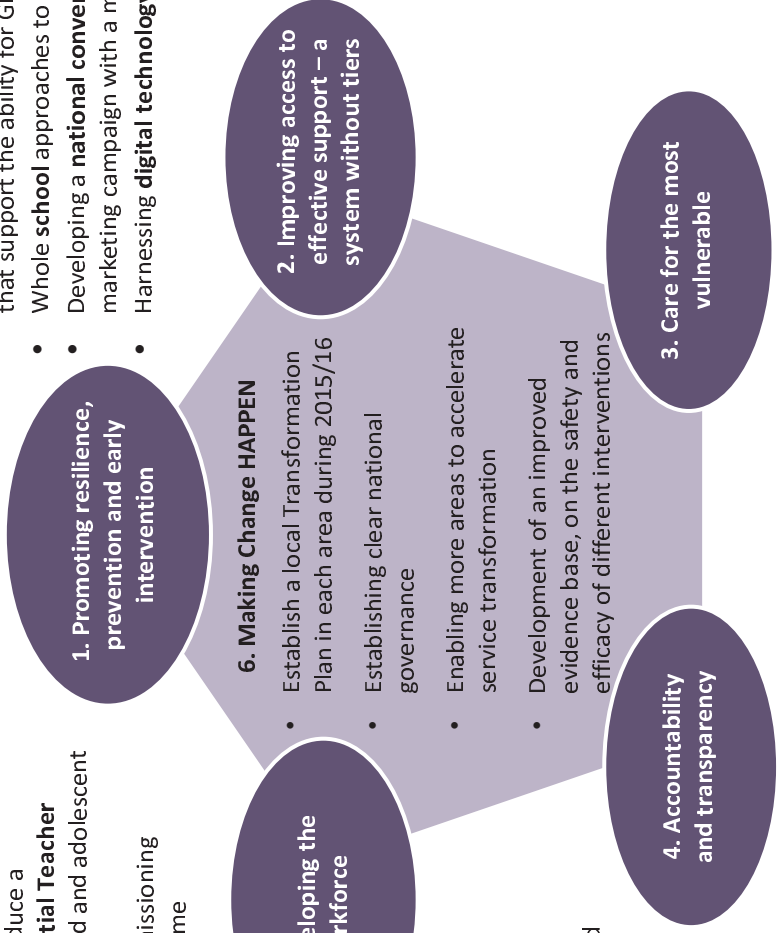


Future in Mind: 6 themes for delivery

- **Targeting training and continuous professional development** of health and social care professionals
- Commission a sector body to produce a framework of core content for **Initial Teacher Training** which would include child and adolescent development.
- Use national mental health commissioning **capability development** programme
- Extending the **CYP IAPT** curricula and training programmes
- Roll our CYP IAPT nation-wide
- Comprehensive workforce strategy, including an **audit** of skills, capabilities, age, gender and ethnicity
- Having lead commissioning arrangements with aligned or pooled budgets through a **single integrated plan** for child mental health services
- **Co-commissioning** community mental health and inpatient care
- Following **NICE Quality Standards**
- DH fulfilling its commitment to complete a **prevalence survey**
- Measures covering access, waiting times and outcomes to allow **benchmarking** of local services
- Monitoring access and wait measurement against **pathway standards**
- Making the investment into services **fully transparent**



1. Promoting resilience, prevention and early intervention

6. Making Change HAPPEN

- Establish a local Transformation Plan in each area during 2015/16
- Establishing clear national governance
- Enabling more areas to accelerate service transformation
- Development of an improved evidence base, on the safety and efficacy of different interventions

5. Developing the workforce

4. Accountability and transparency

3. Care for the most vulnerable

2. Improving access to effective support – a 'triage' approach

- Prevention and support **from birth**
- **Universal services**, including health visitors, Children's Centres, schools, school health services and youth centres
- More prominent role for **GPs** including commissioning approaches that support the ability for GPs to offer social prescribing
- Whole **school** approaches to improving emotional wellbeing
- Developing a **national conversation**: major national branded social marketing campaign with a mechanism for dialogue to engage youth
- Harnessing **digital technology**: incentivising the development of apps/tools

- Need to move away from tier model
- New models should suit the **locality**
- **Single point of access** through a **multi-agency 'triage'** approach
- Initial risk assessment to **identify high risk** cases
- Dedicated **named contact point** in specialist mental health services for schools and GP practices
- Specific individual responsible for mental health in schools and offer them **training**
- Collaborate with voluntary and community sector to create **one-stop shop** services
- Extending use of **peer support networks**
- **Community-based** care- intensive home treatment
- **Behavioural assessment** in admission gateways for people with learning disabilities
- **End arbitrary transition** based on a particular age.
- Comprehensive access and waiting time **standards**

- After discharge have a **follow up service** to ensure most vulnerable stay in the system
- Commissioners and providers across education, health, social care and youth justice sectors working together to develop appropriate and **bespoke care pathways** for most vulnerable
- Multi-agency teams available with **flexible acceptance criteria** vulnerable children and young
- Every mental health assessment should contain **sensitive enquiry** about the possibility of neglect, violence and abuse to ensure every young person is safeguarded
- Multi-Agency **Safeguarding Hubs** at specialist services to identify high risk abuse cases
- Strengthening the **lead professional approach** to co-ordinate support and services
- Piloting the roll-out of teams specialising in supporting vulnerable children

