

Hestia End of Year Activities

In Partnership with One Voice Community collective

at The Village and The Oremi Recovery Café

End of Year Opening Hours

	Recovery Café	The Village	Hotel Counselling
Sat 23 rd	4pm to 8pm	12pm to 9pm	8pm to 1.30pm
Sun 24 th	4pm to 8pm	12pm to 9pm	8pm to 1.30pm
Mon 25 th	4pm to 8pm	4pm to 9pm	8pm to Midnight
Tues 26 th	4pm to 8pm	4pm to 9pm	8pm to Midnight
Wed 27 th	12pm to 8pm	12pm to 9pm	8pm to 1.30pm
Thu 28 th	12pm to 8pm	12pm to 9pm	8pm to 1.30pm
Fri 29 th	12pm to 8pm	12pm to 9pm	8pm to 1.30pm
Sat 30 th	4pm to 8pm	12pm to 9pm	8pm to 1.30pm
Sun 31 st	4pm to 8pm	12pm to 9pm	8pm to 1.30pm
Mon 1 st	4pm to 8pm	4pm to 9pm	8pm to Midnight
Tue 2 nd	4pm to 9pm	12pm to 9pm	8pm to 1.30pm

The Village:
Bay 56, Aklam Village
Portobello
London W10 5TY

The Oremi Recovery Café
Unit 3 Trellick Tower,
5 Golborne Road,
London W10 5PA

Tel: 0203 879 3605
for bookings

Email:
malcolm.phillips@hestia.org



End of Year Group Activities



Resilience Groups in The Village at Bay 56 Aklam Village Portobello Road.

Recovery Café at Oremi Centre

18	Mon	4pm Children's Exercise Class	6.30pm 'She Runs it' Women only exercise class	7.30pm Beginners Patois Class with Grumpa	6pm Baking Easy relaxed session for all
19	Tue	5pm Creative writing with Watusi87	5.30pm Fashion and Sewing	6pm Chanting with Nichiren Buddhists	4pm Kapoeira for Kids 6.30pm Guitar class for all
20	Wed	4pm Yoga Class open for all	5.30pm Kapoeira for adults	7pm Chess Club open for all	4-8pm Massage by appointment
21	Thu	6pm Winter Solstice Meditation		7pm Orisa Bata Drumming with Kevin	6pm Juicing workshop 6-8pm Massage by appointment
22	Fri	4pm Kazimba Ngoma Martial Arts with Asafo	7pm Drumming	Exodus event	6pm Yoga Class for Women and Girls 7pm Owere Class Play this traditional West African Board Game
23	Sat	12-6pm African Market Place in the Village		7pm Doc Film Screening	5pm African Textile Scarf making class
24	Sun	12-6pm African Market Place in the Village		4pm Djembe Drumming Class	5pm Massage and Meditation
25	Mon	4pm Family Gathering and Meal			4pm Family Gathering and Meal
26	Tue	4pm Family Gathering and Meal		6pm Meditation	6pm Baking Easy relaxed session for all
27	Wed	4pm Yoga Class open for all	5.30pm Kapoeira for adults	7pm Chess Club open for all	4-8pm Massage by appointment
28	Thu		6pm Meditation with Pablo	7pm Orisa Bata Drumming with Kevin	6pm Juicing workshop 6-8pm Massage by appointment
29	Fri	4pm Kazimba Ngoma Martial Arts with Asafo	4.30pm Arts and Crafts workshop		6pm Yoga Class for Women and Girls 7pm Owere Class play this traditional West African Board Game
30	Sat	12-6pm African Market Place in the Village		7pm Doc Film Screening	5pm Yoga Class all welcome
31	Sun	4pm Family Gathering and Meal		5pm Djembe Drumming	5pm Massage and Meditation
Jan 1	Mon	4pm New Year Meditation	6pm Chanting with Nichiren Buddhists	7.30 Beginners Patois Class with Grumpa	6pm Baking Easy relaxed session for all

