

Press release – 15 June 2017

Get your 15 minutes of fame – get involved in NHS diabetes video

The NHS in North West London is looking for people to help design and make a video to support people living with diabetes.

This exciting opportunity comes during national Diabetes Week (11 – 17 June), as we join the rest of the nation to ‘know diabetes and fight diabetes’.

Get involved

If you have Type 1 or Type 2 diabetes, are at risk of developing Type 2 diabetes or are just passionate about diabetes and helping others then please get in touch.

If you have any ideas about content for our video, we welcome your input. No idea is too big or small.

You also have the opportunity to star in the video so let us know whether you or someone you know would like to be featured.

Dr Tony Willis, Diabetes Clinical Director for the North West London Collaboration of Clinical Commissioning Groups (CCGs) said: *“This is a great opportunity for the local community to get involved, get creative and share their views on how we support people living with diabetes. We want our patients to know that they are not alone. We are here to help them understand and manage their Type 1 or Type 2 diabetes, and support them in making positive lifestyle changes.”*

Come and meet us

We are holding workshops on **Friday 30 June**, 9-11am and **Wednesday 5 July**, 6-8pm at St Paul’s Centre, Queen Caroline St, London W6 9PJ.

If you are interested in attending the workshops, getting involved or learning more about the project, please contact Adam Foster on 0203 350 4054 or at Adam.Foster@nw.london.nhs.uk. As the workshops have a limited number of spaces, **please get in touch by Monday 26 June** if you would like to attend.

Diabetes is a serious condition, but there are things you can do to help manage it and avoid developing serious complications. Diabetes UK theme for Diabetes Week 2017 is ‘know diabetes, fight diabetes’. Visit www.diabetes.org.uk for tips on how to prevent Type 2 diabetes and manage the condition if you have been diagnosed.

You can also join the conversation online, find us on:

Twitter: @HealthierNWL #nwldiabetethis and **Facebook:** NHS Stay Well.

[ENDS]

Notes to editors

1. We are a collaboration of the eight Clinical Commissioning Groups in North West London, working together to improve healthcare services for our two million residents.

Our vision for North West London is that everyone living, working and visiting here has the opportunity to be well and live well.

We are working with patients and the public to design, develop and implement major transformation programmes. This involves improvements to services provided by our GPs and in the community, as well as to our hospitals so that patients receive the right care, in the right place, when they need it.

www.healthiernorthwestlondon.nhs.uk.